

CERTIFICATE OF PARTICIPATION

This is to certify that

Phil Ditshoene

Has successfully participated & completed the

20km Trail Race Arnold Chatz Nogwaja Trail Run

held at Rustig Hiking Trails.

TIME 04:03:25

PACE 12:09/km **OVERALL** 105 of 126 **GENDER** 79 of 87 **40 - 49** 25 of 30

29 July 2018, Sun Date

outTime

Signature